

# THE INNER MEAN GIRL WISDOM TREATY

- ♥ Today, on <date>, my Inner Mean Girl, <name and archetype> has willingly relinquished the job of <what she used to do for you>.
- ♥ She has willingly taken on the new job of <new job title>.
- ♥ She said yes to this new job on the condition that <what she needed from you to know it was safe to leave her old post>.
- ♥ She has promised to use her energy and skills of <energy and skills> to help me <focus and benefit of new role>.
- ♥ In order for her to succeed in this new role, when she gets scared or riled up, I need to say/do <insert the words or the superpower tool you've agreed will help your Inner Mean Girl>.